MEN'S NUMERIC–SIZED APPAREL
Inches

US/UK	26	28	30	32	34	36	38	40	42	44	46	48
NL–D	44	46	48	50	52	54	56	58	60	62	64	66
FR	46	48	50	52	54	56	58	60	62	64	66	68
IT	46	48	50	52	54	56	58	60	62	64	66	68
Waist	27.5"	29.5	31.5	33.5	35.5	37.5	39.5	41.5	43.5	45.5	47.5	49.5
Hip	33.5"	35.5	37.5	39.5	41.5	43.5	45.5	47.5	49.5	51.5	53.5	55.5
Reg Inseam	32.25"		32.5		32.75		33		33.25		33.5	
Short Inseam	30.25"		30.5		30.75		31		31.25		31.5	
Long Inseam	34.25"		34.5		34.75		35		35.25		35.5	

MEN'S NUMERIC–SIZED ACTION SPORTS APPAREL
Inches

Size	28	30	32	34	36	38	40	42
Waist	29.5"	31.5	33.5	35.5	37.5	39.5	41.5	43.5
Hip	35.5"	37.5	39.5	41.5	43.5	45.5	47.5	49.5
Reg Inseam	32.5"							
Short Inseam	30.5"							
Long Inseam	34.5"							

WOMEN'S NUMERIC–SIZED APPAREL
Inches

US	0	2	4	6	8	10	12	14	16	18	20	22
UK	4	6	8	10	12	14	16	18	20	22	24	26
NL–D	32	34	36	38	40	42	44	46	48	50	52	54
FR	34	36	38	40	42	44	46	48	50	52	54	56
IT	36	38	40	42	44	46	48	50	52	54	56	58
Bust	29.5"	31	32.5	34	35.5	37	38.5	41	43.5	46	48.5	51
Waist	23"	24.5	26	27.5	29	30.5	32	34	36	38	40	42
Hip	32.5"	34	35.5	37	38.5	40	41.5	43.5	45.5	47.5	49.5	51.5
Reg Inseam	31.25"				31.5				31.75			
Short Inseam	29.25"				29.5				29.75			
Long Inseam	33.25"				33.5				33.75			

WOMEN'S NUMERIC–SIZED ACTION SPORTS APPAREL
Inches

Size	0	1	3	5	7	9	11	13	15
Waist	25"	26	27	28	29	30	31	32	33
Hip	34.5"	35.5	36.5	37.5	38.5	39.5	40.5	41.5	42.5
Reg Inseam	31.5"								
Short Inseam	29.5"								
Long Inseam	33.5"								

WOMEN'S EXTENDED NUMERIC–SIZED APPAREL
Inches

Size	16W	18W	20W	22W	24W	26W
Waist	39.5"	41.5	43.5	45.5	47.5	49.5
Hip	47"	49	51	53	55	57
Reg Inseam	31.75"					
Short Inseam	29.75"					
Long Inseam	33.75"					

MEN'S APPAREL
Inches

Size	S	M	L	XL	XXL	XXXL
Chest	35-37.5"	37.5-41	41-44	44-48.5	48.5-53.5	53.5-58
Waist	29-32"	32-35	35-38	38-43	43-47.5	47.5-52.5
Hip	35-37.5"	37.5-41	41-44	44-47	47-50.5	50.5-53.5
Reg Inseam	32.25"	32.5	32.75	33	33.25	33.5
Short Inseam	30.25"	30.5	30.75	31	31.25	31.5
Long Inseam	34.25"	34.5	34.75	35	35.25	35.5

MEN'S ACTION SPORTS APPAREL
Inches

Size	S	M	L	XL	XXL
Chest	37-39"	39-41	41-43	43-46	46-49
Waist	31-33"	33-35	35-37	37-40	40-43
Hip	37-39"	39-41	41-43	43-46	46-49
Reg Inseam	32.5"				
Short Inseam	30.5"				
Long Inseam	34.5"				

WOMEN'S APPAREL
Inches

Size	XS	S	M	L	XL	XXL
Bust	29.5-32.5"	32.5-35.5	35.5-38	38-41	41-44.5	44.5-48.5
Waist	23.5-26"	26-29	29-31.5	31.5-34.5	34.5-38.5	38.5-42.5
Hip	33-35.5"	35.5-38.5	38.5-41	41-44	44-47	47-50
Reg Inseam	31.25"		31.5		31.75	
Short Inseam	29.25"		29.5		29.75	
Long Inseam	33.25"		33.5		33.75	

WOMEN'S ACTION SPORTS APPAREL
Inches

Size	XS	S	M	L	XL
Bust	31.5-33.5"	33.5-35.5	35.5-37.5	37.5-39.5	39.5-41.5
Waist	24-26"	26-28	28-30	30-32	32-34
Hip	33.5-35.5"	35.5-37.5	37.5-39.5	39.5-41.5	41.5-43.5
Reg Inseam	31.5"				
Short Inseam	29.5"				
Long Inseam	33.5"				

WOMEN'S APPAREL EXTENDED SIZING
Inches

Size	1X	2X	3X
Bust	44.5-48.5"	48.5-52.5	52.5-56.5
Waist	38.5-42.5"	42.5-46.5	46.5-50.5
Hip	47-50"	50-54	54-58
Reg Inseam	31.75"		
Short Inseam	29.75"		
Long Inseam	33.75"		

MEN'S NUMERIC–SIZED APPAREL
Metric

US/UK	26	28	30	32	34	36	38	40	42	44	46	48
NL–D	44	46	48	50	52	54	56	58	60	62	64	66
FR	46	48	50	52	54	56	58	60	62	64	66	68
IT	46	48	50	52	54	56	58	60	62	64	66	68
Waist	70cm	75	80	85	90	95	100	105	110	115	120	125
Hip	85cm	90	95	100	105	110	115	120	125	130	135	140
Reg Inseam	82.5cm		83		83.5		84		84.5		85	
Short Inseam	77.5cm		78		78.5		79		79.5		80	
Long Inseam	87.5cm		88		88.5		89		89.5		90	

MEN'S NUMERIC–SIZED ACTION SPORTS APPAREL
Metric

Size	28	30	32	34	36	38	40	42
Waist	75cm	80	85	90	95	100	105	110
Hip	90cm	95	100	105	110	115	120	125
Reg Inseam	83cm							
Short Inseam	78cm							
Long Inseam	88cm							

WOMEN'S NUMERIC–SIZED APPAREL
Metric

US	0	2	4	6	8	10	12	14	16	18	20	22
UK	4	6	8	10	12	14	16	18	20	22	24	26
NL–D	32	34	36	38	40	42	44	46	48	50	52	54
FR	34	36	38	40	42	44	46	48	50	52	54	56
IT	36	38	40	42	44	46	48	50	52	54	56	58
Bust	76.5cm	80	83.5	87	90.5	94	97.5	102.5	107.5	112.5	117.5	122.5
Waist	60.5cm	64	67.5	71	74.5	78	81.5	85.5	89.5	93.5	97.5	101.5
Hip	84.5cm	88	91.5	95	98.5	102	105.5	109.5	113.5	117.5	121.5	125.5
Reg Inseam	79.5cm				80				80.5			
Short Inseam	74.5cm				75				75.5			
Long Inseam	84.5cm				85				85.5			

WOMEN'S NUMERIC–SIZED ACTION SPORTS APPAREL
Metric

Size	0	1	3	5	7	9	11	13	15
Waist	63.5cm	66	68.5	71	73.5	76	78.5	81	83.5
Hip	87.5cm	90	92.5	95	97.5	100	102.5	105	107.5
Reg Inseam	80cm								
Short Inseam	75cm								
Long Inseam	85cm								

WOMEN'S EXTENDED NUMERIC–SIZED APPAREL
Metric

Size	16W	18W	20W	22W	24W	26W
Waist	100cm	105	110	115	120	125
Hip	120cm	125	130	135	140	145
Reg Inseam	80.5cm					
Short Inseam	75.5cm					
Long Inseam	85.5cm					

MEN'S APPAREL
Metric

Size	S	M	L	XL	XXL	XXXL
Chest	88-96cm	96-104	104-112	112-124	124-136	136-148
Waist	73-81cm	81-89	89-97	97-109	109-121	121-133
Hip	88-96cm	96-104	104-112	112-120	120-128	128-136
Reg Inseam	82.5cm	83	83.5	84	84.5	85
Short Inseam	77.5cm	78	78.5	79	79.5	80
Long Inseam	87.5cm	88	88.5	89	89.5	90

MEN'S ACTION SPORTS APPAREL
Metric

Size	S	M	L	XL	XXL
Chest	94-99cm	99-104	104-109	109-117	117-124
Waist	79-84cm	84-89	89-94	94-102	102-109
Hip	94-99cm	99-104	104-109	109-117	117-124
Reg Inseam	83cm				
Short Inseam	78cm				
Long Inseam	88cm				

WOMEN'S APPAREL
Metric

Size	XS	S	M	L	XL	XXL
Bust	76-83cm	83-90	90-97	97-104	104-114	114-124
Waist	60-67cm	67-74	74-81	81-88	88-98	98-108
Hip	84-91cm	91-98	98-105	105-112	112-120	120-128
Reg Inseam	79.5cm		80		80.5	
Short Inseam	74.5cm		75		75.5	
Long Inseam	84.5cm		85		85.5	

WOMEN'S ACTION SPORTS APPAREL
Metric

Size	XS	S	M	L	XL
Bust	80-85cm	85-90	90-95	95-100	100-105
Waist	61.5-66.5cm	66.5-71.5	71.5-76.5	76.5-81.5	81.5-86.5
Hip	85.5-90.5cm	90.5-95.5	95.5-100.5	100.5-105.5	105.5-110.5
Reg Inseam	80cm				
Short Inseam	75cm				
Long Inseam	85cm				

WOMEN'S APPAREL EXTENDED SIZING
Metric

Size	1X	2X	3X
Bust	114-124cm	124-134	134-144
Waist	98-108cm	108-118	118-128
Hip	120-128cm	128-138	138-148
Reg Inseam	80.5cm		
Short Inseam	75.5cm		
Long Inseam	85.5cm		

MEN'S NUMERIC–SIZED APPAREL
Asian Fit (Metric)

Size	26	27	28	29	30	31	32	33	34	35	36
Waist	70cm	72.5	75	77.5	80	82.5	85	87.5	90	92.5	95
Hip	85cm	87.5	90	92.5	95	97.5	100	102.5	105	107.5	110
Reg Inseam	76cm	77		78		79		80		81	
Short Inseam	72cm	73		74		75		76		77	
Long Inseam	80cm	81		82		83		84		85	

WOMEN'S NUMERIC–SIZED APPAREL
Asian Fit (Metric)

Size		00	0	2	4	6	8	10	12	14
Bust		72cm	75.5	79	82.5	86	89.5	94.5	99.5	104.5
Waist		60cm	63.5	67	70.5	74	77.5	81.5	85.5	89.5
Hip		82cm	85.5	89	92.5	96	99.5	103.5	107.5	111.5
Reg Inseam	74cm		74.5		75		75.5		76	
Short Inseam	70cm		70.5		71		71.5		72	
Long Inseam	78cm		78.5		79		79.5		80	

MEN'S APPAREL
Western Fit (Metric)

Size	S	M	L	XL	XXL	XXXL
Chest	88-96cm	96-104	104-112	112-124	124-136	136-148
Waist	73-81cm	81-89	89-97	97-109	109-121	121-133
Hip	88-96cm	96-104	104-112	112-120	120-128	128-136
Reg Inseam	82.5cm	83	83.5	84	84.5	85
Short Inseam	77.5cm	78	78.5	79	79.5	80
Long Inseam	87.5cm	88	88.5	89	89.5	90

WOMEN'S APPAREL
Western Fit (Metric)

Size	XS	S	M	L	XL	XXL
Bust	76-83cm	83-90	90-97	97-104	104-114	114-124
Waist	60-67cm	67-74	74-81	81-88	88-98	98-108
Hip	84-91cm	91-98	98-105	105-112	112-120	120-128
Reg Inseam	79.5cm		80		80.5	
Short Inseam	74.5cm		75		75.5	
Long Inseam	84.5cm		85		85.5	

MEN'S APPAREL
Asian Fit (Metric)

Size	XS	S	M	L	XL	XXL
Chest	81.5-86.5cm	86.5-91.5	91.5-97	97-103	103-109	109-115
Waist	69.5-74.5cm	74.5-79.5	79.5-85	85-91	91-97	97-103
Hip	83.5-88.5cm	88.5-93.5	93.5-98.5	98.5-103.5	103.5-108.5	108.5-113.5
Reg Inseam	76cm	77	78	79	80	81
Short Inseam	72cm	73	74	75	76	77
Long Inseam	80cm	81	82	83	84	85

WOMEN'S APPAREL
Asian Fit (Metric)

Size	XS	S	M	L	XL
Bust	76-80cm	80-84cm	84-88.5	88.5-93.5	93.5-98.5
Waist	64-68cm	68-72cm	72-76.5	76.5-81.5	81.5-86.5
Hip	86-90cm	90-94cm	94-98.5	98.5-103.5	103.5-108.5
Reg Inseam	74cm	74.5cm	75	75.5	76
Short Inseam	70cm	70.5cm	71	71.5	72
Long Inseam	78cm	78.5cm	79	79.5	80

MEN'S ACTION SPORTS APPAREL
Asian Fit (Metric)

Size	XS	S	M	L	XL	XXL
Chest	81.5-86.5cm	86.5-91.5	91.5-97	97-103	103-109	109-115
Waist	69.5-74.5cm	74.5-79.5	79.5-85	85-91	91-97	97-103
Hip	83.5-88.5cm	88.5-93.5	93.5-98.5	98.5-103.5	103.5-108.5	108.5-113.5
Reg Inseam	79cm					
Short Inseam	75cm					
Long Inseam	83cm					

WOMEN'S ACTION SPORTS APPAREL
Asian Fit (Metric)

Size	XS	S	M	L	XL
Bust	76-80cm	80-84cm	84-88.5	88.5-93.5	93.5-98.5
Waist	64-68cm	68-72cm	72-76.5	76.5-81.5	81.5-86.5
Hip	86-90cm	90-94cm	94-98.5	98.5-103.5	103.5-108.5
Reg Inseam	75cm				
Short Inseam	71cm				
Long Inseam	79cm				

BRA SIZE CHART

Cup Size		Ribcage Size (Inches)							
		XS	S	M	L	XL	1X	2X	3X
	A/B	30	32	34	36	38	-	-	-
	B/C	30	32	34	36	38	40	40	40
	C/D	30	32	34	36	38	40	40	42
	D/E	30	32	34	36	38	40	42	44

BRA SIZE CONVERSION

If You Wear		Buy Nike Size		If You Wear		Buy Nike Size	
30	A	XS	A/B	38	A	XL	A/B
30	B	XS	B/C	38	B	XL	B/C
30	C	XS	B/C or C/D	38	C	XL	B/C or C/D
30	D	XS	C/D	38	D	XL	C/D
30	E	XS	D/E	38	E	XL	D/E
32	A	S	A/B	40	A	1X	A/B
32	B	S	B/C	40	B	1X	B/C
32	C	S	B/C or C/D	40	C	1X	B/C or C/D
32	D	S	C/D	40	D	1X	C/D
32	E	S	D/E	40	E	1X	D/E
34	A	M	A/B	42	A	2X	A/B
34	B	M	B/C	42	B	2X	B/C
34	C	M	B/C or C/D	42	C	2X	B/C or C/D
34	D	M	C/D	42	D	2X	C/D
34	E	M	D/E	42	E	2X	D/E
36	A	L	A/B	44	A	3X	A/B
36	B	L	B/C	44	B	3X	B/C
36	C	L	B/C or C/D	44	C	3X	B/C or C/D
36	D	L	C/D	44	D	3X	C/D
36	E	L	D/E	44	E	3X	D/E

BOYS' APPAREL
Inches

Size	XS	S	M	L	XL
Chest	25.5-26"	26-27	27-29.5	29.5-32	32-35
Waist	23.5-24"	24-25.5	25.5-27	27-28.5	28.5-29.5
Hip	27-28"	28-29.5	29.5-31.5	31.5-33.5	33.5-35
Height	48-50"	50-54	54-58	58-62	62-67
Age	6-8	8-10	10-12	12-13	13-15

GIRLS' APPAREL
Inches

Size	XS	S	M	L	XL
Chest	25.5-27"	27-29	29-31	31-33.5	33.5-36.5
Waist	23.5-24"	24-25	25-27	27-28	28-29.5
Hip	27-29"	29-31	31-33	33-35	35-37
Height	48-50"	50-54	54-58	58-62	62-66
Age	6-8	8-10	10-12	12-13	13-15

LITTLE KIDS' APPAREL
Inches

Size	XS	S	M	L	XL
Chest	20.75-22"	22-23	23-24	24-24.75	24.75-26
Waist	21.25-22"	22-22.75	22.75-23.25	23.25-23.5	23.5-24
Hip	22-23"	23-24	24-24.75	24.75-26	26-27.5
Height	38-41"	41-43	43-45.5	45.5-48	48-50
Age	3-4	4-5	5-6	6-7	7-8

INFANT & TODDLER APPAREL
Inches

Age in Months	0–3	3–6	6–9	9–12	12–18	18–24	24–36	–
US Toddler Size	–	–	–	–	–	2T	3T	4T
Chest	16.25-17"	17-17.75	17.75-18.5	18.5-19	19-19.75	19.75-20.5	20.5-20.75	20.75-22
Waist	16.5-17.5"	17.5-18.5	18.5-19	19-19.5	19.5-20.25	20.25-21	21-21.25	21.25-22
Hip	16.5-17.5"	17.5-18.5	18.5-19	19-19.5	19.5-20.25	20.25-21	21-22	22-23
Height	23.5-25.5"	25.5-27.5	27.5-29.5	29.5-31.5	31.5-33.5	33.5-35.5	35.5-37.5	37.5-41

BOYS' APPAREL
Metric

Size	XS	S	M	L	XL
Chest	64.5-66cm	66-69	69-75	75-81.5	81.5-88.5
Waist	59.5-61.5cm	61.5-65	65-69	69-72.5	72.5-75.5
Hip	68.5-71cm	71-74.5	74.5-79.5	79.5-84.5	84.5-89.5
EMEA Height	122-128cm	128-137	137-147	147-158	158-170

GIRLS' APPAREL
Metric

Size	XS	S	M	L	XL
Chest	64.5-68cm	68-73	73-79	79-85.5	85.5-92.5
Waist	59.5-61cm	61-64	64-68	68-71.5	71.5-74.5
Hip	68.5-73cm	73-78.5	78.5-83.5	83.5-88.5	88.5-93.5
EMEA Height	122-128cm	128-137	137-146	146-156	156-166

LITTLE KIDS' APPAREL
Metric

Size	XS	S	M	L	XL
Chest	53-56cm	56-59	59-61	61-63	63-66
Waist	54-56cm	56-58	58-59	59-60	60-61
Hip	56-59cm	59-61	61-63	63-66	66-70
Height	96-104cm	104-110	110-116	116-122	122-128
Age	3-4	4-5	5-6	6-7	7-8

INFANT & TODDLER APPAREL
Metric

Age in Months	0–3	3–6	6–9	9–12	12–18	18–24	24–36
Chest	41-43cm	43-45	45-47	47-48	48-50	50-52	52-53
Waist	42-45cm	45-47	47-48	48-50	50-52	52-54	54-54
Hip	42-45cm	45-47	47-48	48-50	50-52	52-54	54-56
Height	60-65cm	65-70	70-75	75-80	80-85	85-90	90-96

MEN'S FOOTWEAR SIZING

US	UK	Europe	CM
6	5.5	38.5	24
6.5	6	39	24.5
7	6	40	25
7.5	6.5	40.5	25.5
8	7	41	26
8.5	7.5	42	26.5
9	8	42.5	27
9.5	8.5	43	27.5
10	9	44	28
10.5	9.5	44.5	28.5
11	10	45	29
11.5	10.5	45.5	29.5
12	11	46	30
13	12	47.5	31
14	13	48.5	32
15	14	49.5	33
16	15	50.5	34
17	16	51.5	35
18	17	52.5	36

Women's to men's size conversion: go down 1 size

WOMEN'S FOOTWEAR SIZING

US	UK	Europe	CM
5	2.5	35.5	22
5.5	3	36	22.5
6	3.5	36.5	23
6.5	4	37.5	23.5
7	4.5	38	24
7.5	5	38.5	24.5
8	5.5	39	25
8.5	6	40	25.5
9	6.5	40.5	26
9.5	7	41	26.5
10	7.5	42	27
10.5	8	42.5	27.5
11	8.5	43	28
11.5	9	44	28.5
12	9.5	44.5	29

Women's to men's size conversion: go down 1 size

AGE GUIDELINES

Age	Average Shoe Size
0-3 Months	0C-2C
6 Months	3C-4C
1 Year	5C-6C
18 Months	6C-7C
2-2½ Years	7C-8C
3-4 Years	9C-10C
5-6 Years	11C-12C
7-8 Years	12C-13C
9-10 Years	1Y-2Y
11-13 Years	3Y-7Y

PRESCHOOL
Kids 4–6 Years Old*

US	UK	Europe	CM
10.5C	10	27.5	16.5
11C	10.5	28	17
11.5C	11	28.5	17.5
12C	11.5	29.5	18
12.5C	12	30	18.5
13	12.5	31	19
13.5C	13	31.5	19.5
1Y	13.5	32	20
1.5Y	1	33	20.5
2Y	1.5	33.5	21
2.5Y	2	34	21.5
3Y	2.5	35	22

**General age ranges*

GRADE SCHOOL
Kids 6+ Years Old*

US	UK	Europe	CM
3.5Y	3	35.5	22.5
4Y	3.5	36	23
4.5Y	4	36.5	23.5
5Y	4.5	37.5	23.5
5.5Y	5	38	24
6Y	5.5	38.5	24
6.5Y	6	39	24.5
7Y	6	40	25

**General age ranges*

INFANT/TODDLER
Kids Under 4 Years Old*

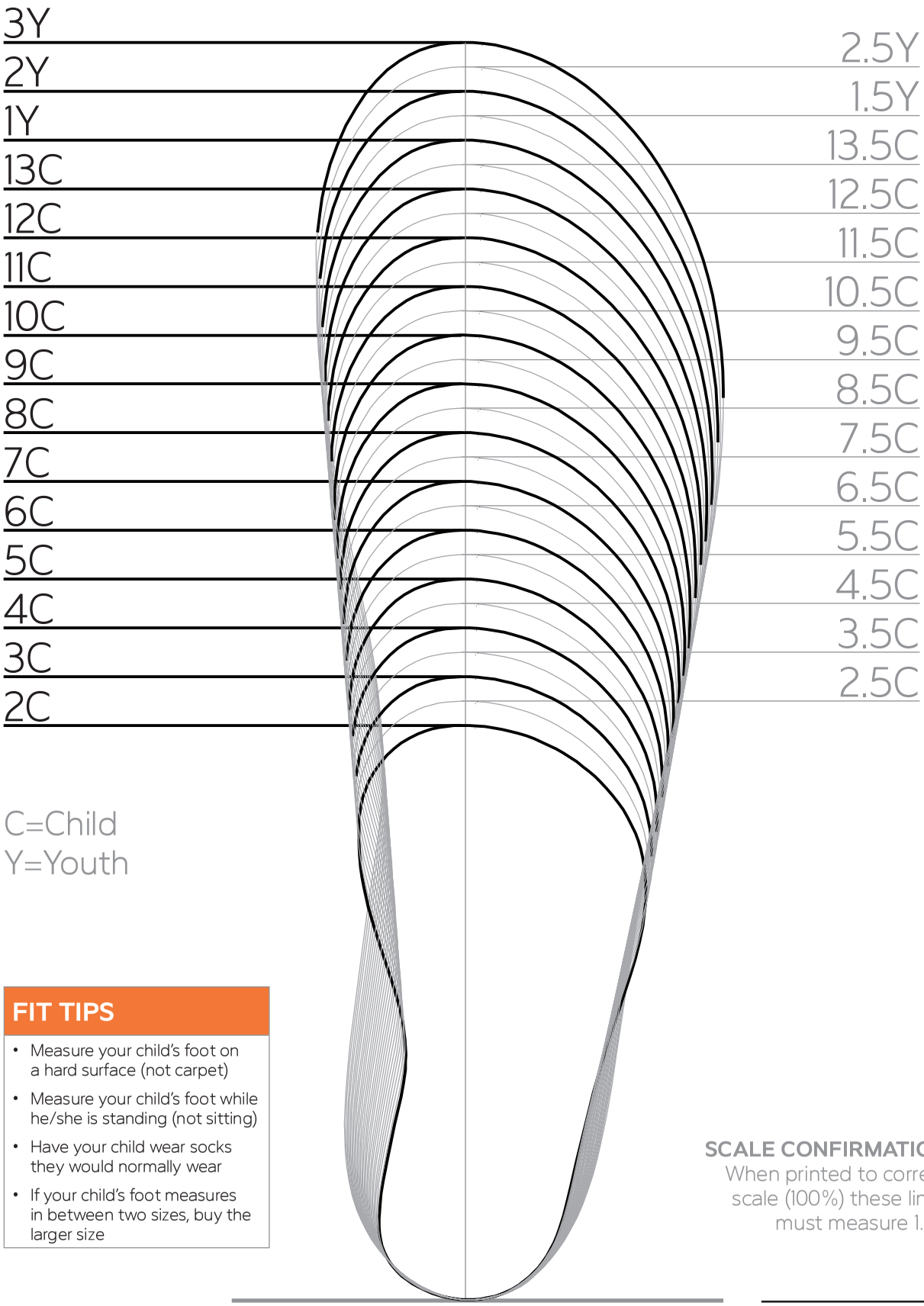
US	UK	Europe	CM
2C	1.5	17	8
2.5C	2	18	8.5
3C	2.5	18.5	9
3.5C	3	19	9.5
4C	3.5	19.5	10
4.5C	4	20	10.5
5C	4.5	21	11
5.5C	5	21.5	11.5
6C	5.5	22	12
6.5C	6	22.5	12.5
7C	6.5	23.5	13
7.5C	7	24	13.5
8C	7.5	25	14
8.5C	8	25.5	14.5
9C	8.5	26	15
9.5C	9	26.5	15.5
10C	9.5	27	16

**General age ranges*

FIT TIPS

- Measure your child's foot on a hard surface (not carpet)
- Measure your child's foot while he/she is standing (not sitting)
- Have your child wear socks they would normally wear
- If your child's foot measures in between two sizes, buy the larger size

SCALE CONFIRMATION
When printed to correct scale (100%) these lines must measure 1.5".



C=Child
Y=Youth

FIT TIPS

- Measure your child's foot on a hard surface (not carpet)
- Measure your child's foot while he/she is standing (not sitting)
- Have your child wear socks they would normally wear
- If your child's foot measures in between two sizes, buy the larger size

SCALE CONFIRMATION
When printed to correct scale (100%) these lines must measure 1.5".

1.5"

1.5"

SOCKS

ADULT SOCK SIZE CHART		
Sock Size	**US Shoe Size**	**European Shoe Size**
S	W 4-6	34-38
M	M 6-8, W 6-10	38-42
L	M 8-12, W 10-13	42-46
XL	M 12-15	46-50
KIDS SOCK SIZE CHART		
Sock Size	**US Shoe Size**	**European Shoe Size**
M	3Y-5Y	34-38
L	5Y-7Y	38-42
LITTLE KIDS SOCK SIZE CHART		
Sock Size	**US Shoe Size**	**European Shoe Size**
XXS	7C-10C	26-30
XS	9C-13C	30-34
S	13C-3Y	34-38

BASKETBALLS

	Circumference	**Ounces**
Men's (Size 7)	29.5-30"	20-22
Women's (Size 6)	28.5-29"	18-20
Youth (Size 5)	27-28"	16-18
Mini (Size 3)	22-22.5"	12-14

FOOTBALLS (US)

Official (Size 9)	Size approved for High School, Collegiate and Pro Use
Youth (Size 8)	Ages 12-14
Junior (size 7)	Ages 10-12
Pee Wee (Size 6)	Ages 9 and younger

SOCCER BALLS (US)

	Circumference	**Age**
Skills Balls (Size 1)	18-20"	Any age, used for developing footwork skills and ball control
Junior (Size 3)	23-24"	Age 8 and younger
Youth (Size 4)	25-26"	Age 8 -12
Adult (Size 5)	27-28"	Age 13 and older

SOCKS

ADULT SOCK SIZE CHART		
Sock Size	**US Shoe Size**	**European Shoe Size**
S	W 4-6	34-38
M	M 6-8, W 6-10	38-42
L	M 8-12, W 10-13	42-46
XL	M 12-15	46-50
KIDS SOCK SIZE CHART		
Sock Size	**US Shoe Size**	**European Shoe Size**
M	3Y-5Y	34-38
L	5Y-7Y	38-42
LITTLE KIDS SOCK SIZE CHART		
Sock Size	**US Shoe Size**	**European Shoe Size**
XXS	7C-10C	26-30
XS	9C-13C	30-34
S	13C-3Y	34-38

BASKETBALLS

	Circumference	Ounces
Men's (Size 7)	29.5-30"	20-22
Women's (Size 6)	28.5-29"	18-20
Youth (Size 5)	27-28"	16-18
Mini (Size 3)	22-22.5"	12-14

FOOTBALLS

	Circumference	Age
Skills Balls (Size 1)	18-20"	Any age, used for developing footwork skills and ball control
Junior (Size 3)	23-24"	Age 8 and younger
Youth (Size 4)	25-26"	Age 8 -12
Adult (Size 5)	27-28"	Age 13 and older

SOCKS (JAPAN–SPECIFIC)

ADULT SOCK SIZE CHART	
Sock Size	**Centimeters**
S	21-23
M	23-25
L	25-27
XL	27-29
KIDS SOCK SIZE CHART	
Sock Size	**Centimeters**
XXS	17-19
XS	19-21
S	21-23

SOCKS (CHINA–SPECIFIC)

ADULT SOCK SIZE CHART	
Sock Size	**Centimeters**
S	20-22
M	22-24
L	24-26
XL	26-28
KIDS SOCK SIZE CHART	
Sock Size	**Centimeters**
XXS	16-18
XS	18-20
S	20-22

SOCKS (AP–SPECIFIC)

ADULT SOCK SIZE CHART	
Sock Size	**Centimeters**
S	21-24
M	24-27
L	27-30
XL	30-33
KIDS SOCK SIZE CHART	
Sock Size	**Centimeters**
XXS	12-15
XS	15-18
S	18-21

BASEBALL BAT LENGTH GUIDELINES
Based on Weight and Height

Your Height (Inches)	36-40	41-44	45-48	49-52	53-56	57-60	61-64	65-68	69-72	73+
Your Weight (Pounds)	**Bat Length**									
Less Than 60	26"	27"	28"	29"	29"					
61-70	27"	27"	28"	29"	30"	30"				
71-80		28"	28"	29"	30"	30"	31"			
81-90		28"	29"	29"	30"	30"	31"	32"		
91-100		28"	29"	30"	30"	31"	31"	32"		
101-110		29"	29"	30"	30"	31"	31"	32"		
111-120		29"	29"	30"	30"	31"	31"	32"	33"	
121-130		29"	29"	30"	30"	31"	32"	33"	33"	
131-140		29"	30"	30"	31"	31"	32"	33"	33"	
141-150			30"	30"	31"	31"	32"	33"	33"	
151-160			30"	31"	31"	32"	32"	33"	33"	33"
161-170				31"	31"	32"	32"	33"	33"	34"
171-180						32"	33"	33"	34"	34"
180+							33"	33"	34"	34"

BASEBALL BAT LENGTH GUIDELINES
Based on Age

Age	**Bat Length**
5 Years Old	24-26"
8-9 Years Old	26-28"
10 Years Old	28-29"
11-12 Years Old	30-31"
13-14 Years Old	31-32"
15-16 Years Old	32-33"
17+	32-34"

BASEBALL GLOVE SIZE GUIDELINES

Age	**Position**	**Glove Size**
5-6	General	10 to 10½ Inch (Youth Model)
7-8	General	10½ to 11 Inch (Youth Model)
9-12	General	11 to 11½ Inch (Youth Model)
High School/Adult	Infield	11 to 11½ Inch
High School/Adult	Outfield	12 to 12½ Inch
Adult (Softball)		9 to 14 Inch To accommodate the larger ball

NFL AUTHENTIC JERSEYS
Inches

Size	40	44	48	52	56	60
Chest	37.5-41"	41-44	44-48.5	48.5-53.5	53.5-58	58-63
Waist	32-35"	35-38	38-43	43-47.5	47.5-52.5	52.5-57
Hip	37.5-41"	41-44	44-47	47-50.5	50.5-53.5	53.5-57

NFL AUTHENTIC JERSEYS
Metric

Size	40	44	48	52	56	60
Chest	96cm-104	104-112	112-124	124-136	136-148	148-160
Waist	81cm-89	89-97	97-109	109-121	121-133	133-145
Hip	98cm-104	104-112	112-120	120-128	128-136	136-144